



Who are health visitors?

Health visitors are specially trained nurses or midwives who support and educate families from pregnancy through to a child's fifth birthday.

You will receive 5 key visits from your health visitor or a member of the team at home or at your child health clinic, children's centre, health centre or GP surgery.

These are:

- In pregnancy - after 28 weeks.
- 10 to 14 days after the birth of your baby
- When your baby is 6 to 8 weeks
- A review of your child's development at 9 to 12 months
- A review of your child's development at 2 to 2½ years



For more information about the service call the contact centre on **0121 612 5021**, go to www.swbh.nhs.uk/services/healthvisiting or scan the QR code.